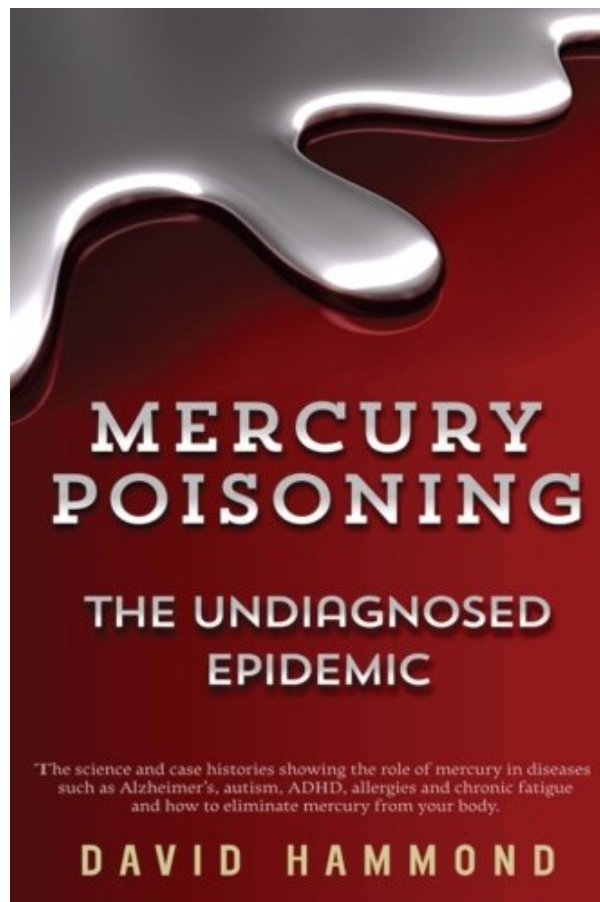
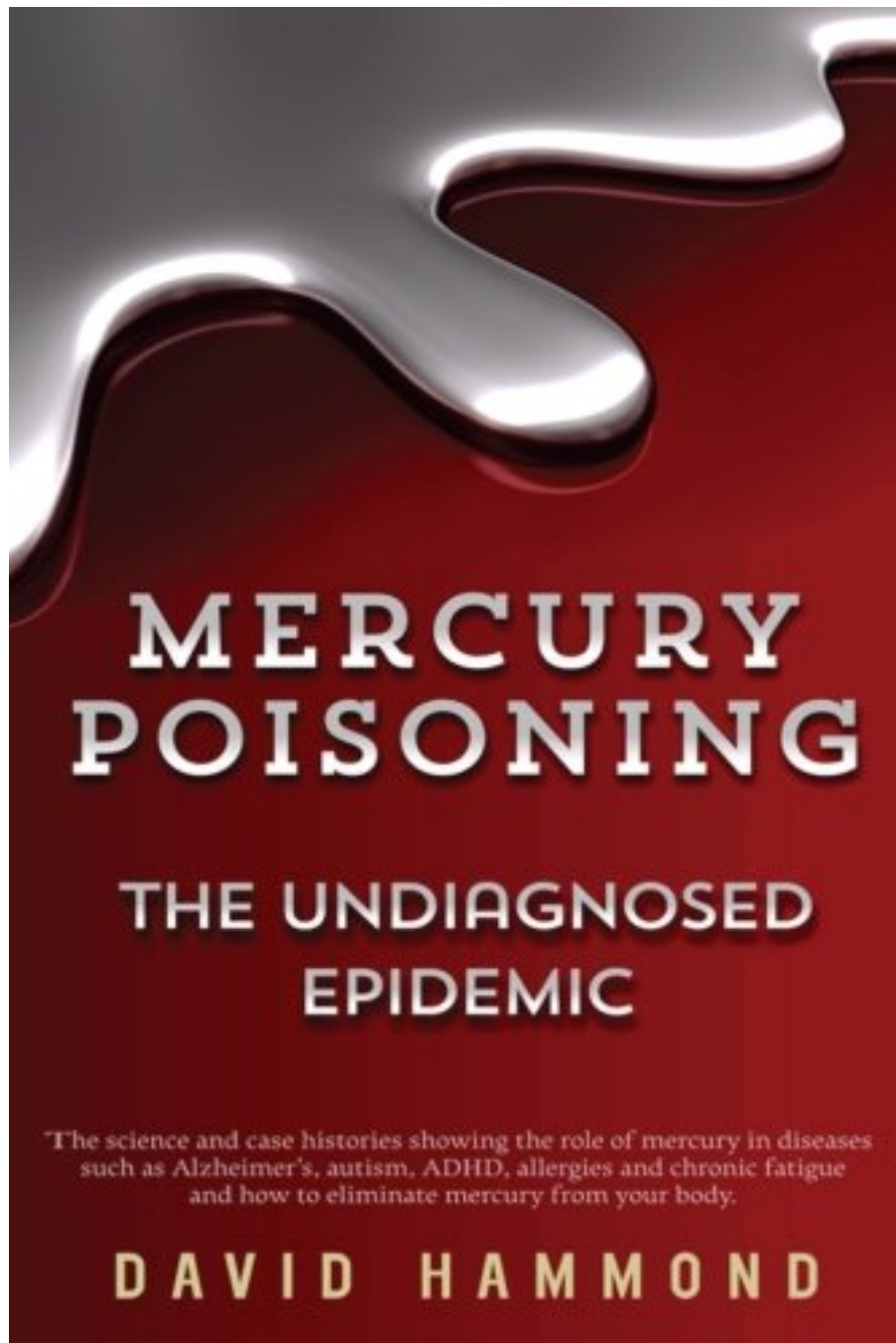


MERCURY POISONING: THE UNDIAGNOSED EPIDEMIC BY DAVID HAMMOND



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Lupus, rheumatic fever, colitis, arthritis, dermatitis, insomnia, depression, hallucinations – what do all these illnesses have in common?

They were all experienced by a 12-year-old girl in a case study in an American journal of child psychiatry.

The cause? – mercury vapor she inhaled from mercury that had been spilled on the carpet in the room she slept in. After removing the carpet and treatment with chelation drugs, the girl returned to good health.

Mercury poisoning can cause a variety of illnesses such as chronic fatigue, fibromyalgia, ADHD, bipolar disorder, sinusitis, tinnitus, balance problems, tremor, insomnia, inflammatory bowel disease, dermatitis, excessive thirst, salivation and a host of other symptoms.

Is mercury from dental amalgams affecting your health? Dental associations claim the mercury in fillings is perfectly safe, but the mercury inhaled from “silver” fillings is 15 times more toxic than lead.

The World Health Organization report states that people with amalgams have a daily mercury intake of 4 to 21 micrograms of mercury per day. For many people this exceeds the Environmental Protection Agencies limit of just 7 micrograms per day.

Yet there are no Government warnings about this exposure.

Those who grind their teeth or chew gum will have even higher exposure. If you eat 100 grams (3.5 ounces) of tuna, that adds another 35 micrograms.

Even if your mercury blood level is within the so-called “normal” range, if you don’t excrete mercury efficiently it can build up in your brain, liver, kidney, thyroid and other organs over years of continuous exposure.

The effects of prolonged exposure to mercury can be delayed for years, making it difficult to determine the cause of your illness.

Diseases such as chronic fatigue and fibromyalgia affect millions of people around the world. Doctors say the causes of these illnesses are unknown and there is no cure. This book provides cases histories of many diseases which were caused by mercury and subsequently cured using chelation therapy.

It also takes you step by step through the process of safely chelating heavy metals from your body.

- Sales Rank: #776701 in Books
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- Original language: English

- Number of items: 1
- Dimensions: 9.00" h x .78" w x 6.00" l, 1.01 pounds
- Binding: Paperback
- 342 pages

Most helpful customer reviews

13 of 14 people found the following review helpful.

Very Well Researched - Is Mercury Killing Us?

By Rebecca of Amazon

David Hammond has done his research and has come up with some startling facts. People who suffer from allergies, Fibromyalgia, Chronic Fatigue Syndrome, Multiple Sclerosis, Bipolar Disorder, Schizophrenia, ADHD, Social Phobias, Anxiety, Depression and Autism will benefit greatly from reading this book or having someone read it for them. Parkinson's and Alzheimer's is also discussed.

This book will also explain how carefully a dentist should remove mercury (amalgam) fillings. When I had all mine removed no precautions were taken so I probably inhaled a lot of mercury vapor. I also played with mercury as a child in a science lab. We were not told it was dangerous.

What I found extra helpful was all the alerts to dangerous things in life that contain mercury. For instance you don't want to get vaccinated if the vaccine contains thimerosal. You should also never eat shark or live near a coal-fired power plant. This book explains how one thousand tons of mercury was added to the atmosphere. It is really frightening to tell you the truth and even whales have been affected and are beaching themselves because of mercury poisoning.

Do you drink soda with high fructose corn syrup in it? Then you need to read this book!!!

I felt this book was very well researched and it had very convincing arguments.

What I'd like to see is a separate book created on chelation. While this book gives you details on how to take oral supplements I think most people are going to have trouble following the advice unless they read the chapters on chelation numerous times and take very detailed notes. After one reading I do not feel qualified to do the chelation. I'd like to read an entire book on the subject first. If anyone knows of a book that is easy to understand perhaps you can leave me a note in the comment section of this review.

This is a book I can recommend to everyone as most people have had dental work done and are in need of having their amalgam fillings replaced.

To your health...

~The Rebecca Review

I received a free copy of this book for review. This review is my honest opinion.

I also take no responsibility for your health if you follow the advice in this book. Please do so at your own risk and consult with your doctor before trying anything complicated like chelation.

7 of 7 people found the following review helpful.

Finding the elephant

By Timothy D. Lundeen

Superb book on mercury toxicity and heavy-metal toxicity in general. The book collects all the information I've been finding here and there into one place, plus a lot of stuff I haven't seen anywhere else.

If you are trying to resolve chronic illness, this is the place to start. Heavy-metal toxicity can have a wide range of symptoms, is rarely diagnosed, and is easy to treat with the right protocol. It is also very common: there are estimates that 1% to 5% have severe symptoms from this, and a very high percentage of people have less-severe symptoms.

Mercury is extremely toxic, and can cause problems at very low levels, on the order of micrograms per liter in the blood. Ongoing low-level exposure from amalgam fillings, high-end fish, and contaminated food accumulates in the brain, heart, kidney, and other organs, and can cause chronic problems as levels build up over decades.

The symptoms of mercury toxicity include IBS and gut issues, which are very common. Other symptoms includes brain fog, depression, fatigue, and more. Mercury can cause autism and ADD/ADHD, chronic fatigue, fibromyalgia, Alzheimer's, Parkinson's, ALS, etc.

Getting your mercury fillings taken out, and reducing mercury intake from fish and food is just the start of the journey, because once absorbed, mercury stays in your brain for decades.

One of the shockers for me is that high-fructose corn syrup is often contaminated with mercury, because the chemicals used to make HFCS always used to be made with mercury, and mercury would end up in the final product. (As of the writing of the book, there were still 3 plants using mercury to make chemicals used to make HFCS, with significant measurable amounts of mercury in the resulting syrup.) The mercury in HFCS could explain the explosion in autism and ADD/ADHD rates.

The book includes a good overview of how to treat heavy metals, and supporting yourself while you go through this process.

Other recommended books are Andy Cutler's books Amalgam Illness, Diagnosis and Treatment : What You Can Do to Get Better, How Your Doctor Can Help & Hair Test Interpretation: Finding Hidden Toxicities, and Dr Hightower's book Diagnosis: Mercury: Money, Politics, and Poison

13 of 15 people found the following review helpful.

This is an extremely important book!

By feemeister

The book is very easy to read, and to understand. It is very informative, without being boring at all! The information is very relevant and very important. I just hope I can do this book justice!

The author is serious. He has lived this and is still living this. He has had to do monumental research in order to overcome his problems, and was kind enough to share what he has found out with the rest of us. I myself am very thankful, as a good bit of the information in this book is relevant to me, as well as other members of my family.

He explains about how you get mercury poisoning, the symptoms tests to determine if you have it, and the treatments. Since he has been through the treatments himself, he has lots of advice on things that can help while you're getting the treatment. It's not usually a quick and easy fix (though it can be for some people)!

Actually, the book is written so that there are MANY chapters. The chapters are not long, so it makes it easy

to read and keep your attention, and also to look up something later that you want to come back to. I really suggest you click on the "Look Inside" portion of the book here to check all the chapters he has, and the amount of material he has included. The summaries are concise but interesting and backed up with notes. He also in many instances gives you a place to go for additional information.

There are so many things in my own health which I am now able to connect the dots on; it's a great feeling! I am looking forward to having a hair analysis done, to see what all is going on. Even though I cannot have my fillings removed or go on chelation (which can only be done if the fillings ARE removed), there are other things that can help, such as certain supplements. That will be a very easy thing for me to try and see if it's helpful.

I remember 10 years ago a state dental board going after a dentist who was removing fillings for people. He was attacked by them--they wanted to take his license away. They said he was a scam artist and a fraud and he was trying to scare people and steal from them. (Bear in mind! He did not go after people---they came to him! Apparently the state does not believe that people are informed enough to make their own decisions on whether they want their mouth and their body full of mercury and mercury vapors!) NOW I know why my dentist used to come at me with gloves and a mask whenever he stuck all that mercury in my poor unsuspecting mouth! And I thought it was just because he thought he was going to catch HIV from me!

This book is very important. I recommend it not only for people who think they could have mercury poisoning, but also for people who do not. There may be things out there that you didn't know about that could be effecting your health and you may be able to find out about it from this book and get the help you need!

(Okay, I just have to add this! When I was a kid, I broke a thermometer. I think I was chasing balls of mercury around the floor for two hours before I got them all up. I tried to catch them and couldn't, and finally ended up smashing them with my whole hand pretty much, to get the mercury up. But I thought the mercury was TOO cool! I had never heard it called quicksilver at the time, but if I had, I would have said the name really fit! A couple years later, I broke another thermometer on purpose to play with the mercury in it, like before. I had no clue it was poisonous. In fact, I would have sworn it was NOT, because otherwise they wouldn't have put it in something people use and put in their mouths! (I was a brilliant child!) My mother wouldn't have thought a thing about it, but my father would have had a COW had he known I was playing with mercury! I am thinking now I probably got some good whallops of mercury in my system from that, to go with my probably 20 plus fillings in my mouth!)

See all 33 customer reviews...

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